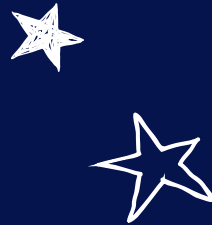


OPENING DOORS



Winner of the 2018
Chambers Ireland
Excellence in Local
Government Awards
for Innovation

The Foyer
Federation's
Foyer of the
Year 2018

THE CORK FOYER &
BISHOPSGROVE SUPPORTED
STUDENT ACCOMMODATION

2018 ANNUAL REPORT



Cork Foyer &
Bishopsgrove
are Cork City
Council Housing
& Community
Initiatives

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STATEMENT FROM THE CHAIR

Once again, it is with great pride that I am able to present such an informative and reflective annual report which encompasses the activities of both the Cork Foyer Project and Bishopsgrove Supported Student Accommodation. More importantly, it highlights the difference that we make to the lives of the young people that we serve and their journey towards independence.

Our services enable young people living with us to reconnect with learning, increase their employability, improve their health and well-being and develop their full potential. We provide an environment in which young people can become resilient and self-reliant with clear aspirations for their futures.

Underpinned by the expertise of our experienced staff team and dedicated Management Committee, our infrastructure allows us to realise efficiencies and provide a personalised model of support while offering good value for money. Offering flexible services tailored to the needs of the City has also allowed us to establish close working relationships with local commissioning teams, the local voluntary sector, housing partners, the health sector and probation services. Such partnerships with local agencies help build sustainable communities, allowing service users to become active and valued members of society.

The Foyers quality and progressive approach to working with young homeless people and those at imminent risk of homelessness has once again been recognised following the 2018 Foyer Federation accreditation process,

which placed the Foyer and its Quality Development Plan as being both Strategically Strong and Operationally Strong, the highest grade possible within the accreditation process.

Besides the fantastic outcome from the re-accreditation process, 2018 has certainly been a momentous year in terms of accolades. To be voted 'Foyer of the Year' at the Foyer Federation's first ever Sparks Awards gala dinner, to receiving a National Innovation prize at the Chambers Ireland Excellence in Local Government Awards, is truly amazing. However, the success of the Foyer and Bishopsgrove did not stop there. The Foyer was also honoured in the Lord Mayor's Community and Voluntary Awards for providing outstanding information, advice and guidance service, and finally, the staff team deservedly won an award in the Cork City Council Staff Recognition Awards.

Whilst saluting our fabulous achievements, we remain extremely conscious of, and grateful to, our voluntary Management Committee and core funders; the Health Service Executive, Cork City Council, Cork Education and Training Board and the Department of Housing, Planning, Community and Local Government, who continue to place their trust and confidence in our service and reputation.

I hope you find the report both interesting and enjoyable.

MISSION STATEMENT

Cork Foyer is a unique homeless service that offers quality affordable accommodation with education and training at the heart of the project.



We strive to develop independent living skills through integrated training programmes and clear-cut Support Plans, empowering young adults to realise their full potential and take their rightful place in the community.



CELEBRATING ACHIEVEMENTS

Foyer Federation Accreditation

The Foyer Status Mark quality assures 'Foyerness' as a process of transitional support and holistic development. The Foyer Status Mark can be used by any organisation that applies a Foyer-like process to achieve thriving outcomes for young people.

A service can be accredited as a Foyer by applying and benchmarking against the Three Tests of 'Foyerness', which are assessed throughout the Foyer Status Mark validation process. These define the focus on **Advantaged Thinking**, its **Opportunity Offer** and the **Achievement of Results** and Insights that underpin the Foyer process. The Three Tests allow flexibility in how a service shapes and delivers its offer according to local need while, at the same time, emphasising the distinct values and ethos that has been at the heart of the Foyer Accreditation Scheme since 1998.

Following a 3 day validation visit by Inspire Chilli and the Foyer Federation, a report and findings was presented to an expert panel comprising of professionals from a relevant sector. The panel, having read this report and hearing from the assessors present at the validation visit, assessed the Foyer and its Quality Development Plan as being both **Strategically Strong** and **Operationally Strong**, the highest grade possible!



During the Panel discussion the following comments were made;

- *Cork Foyer has a strong offer with an experienced manager and strong feedback from commissioners*
- *It is an ideal model of a Foyer as a community hub*
- *The level of involvement of young people is great, as was hearing that young people considered it 'our home'*
- *It is clear that education is core to the strong offer*
- *The service shows full flexibility and choice with employment opportunities*
- *The engagement with data was stronger than other Foyers and a clear commitment to improve*
- *The Quality Development Plan was excellent with a robust approach – another panel member thought it was fabulous and of benefit that the tasks had been shared out amongst staff*

“ ONE BIT THAT PARTICULARLY STRUCK ME DURING THE PANEL DISCUSSION WAS THAT CORK WAS LAUDED AS BEING THE IDEAL MODEL OF WHAT WE ALL AIM FOR ALL FOYERS TO BE ”

Hannah Renshall,
Network and Quality Manager



Foyer Federation Spark Awards 2018

The 2018 Spark Awards celebrated the achievements and innovations of Foyer Federation members, of which the Cork Foyer & Bishopsgrove is an accredited member. The awards were organised to recognise the often un-sung contributions of the Foyers, their staff and their young people.

On the back of a very successful accreditation validation visit in August 2018, the Cork Foyer was encouraged to enter the first ever 2018 Spark Awards and was delighted to receive nominations and be shortlisted in the categories of the Unsung Hero Award, for our staff member Denis Murphy (RIP), and the Foyer of the Year Award. The Awards were held in Birmingham on 4th October 2018 with over 100 delegates from Foyers across the UK & Ireland attending the Gala Dinner.

Unfortunately Denis Murphy lost out in the Unsung Hero Award, but his nomination went some way towards recognising the dedication and commitment he has shown to the service and the young people we support. However, it was with great delight and excitement that the Cork Foyer was announced as the Foyer of the Year Award winner for 2018.

This award was dedicated to all the stakeholders, staff and young people who have made the Cork Foyer and Bishopsgrove a success, not just in 2018, but since its opening in 2006. Receiving international recognition from the Foyer Federation verifies the commitment shown by all associated with the service and provides great motivation to continue improving.

WHAT KYLE HAD TO SAY:

“On the 4th of October 2018, I was luckily chosen, along with my partner, to travel to Birmingham for the Foyer Federation Spark Awards 2018. It was a fantastic opportunity to meet people like myself that reside in other Foyer's around the UK. At the awards ceremony we were greeted by the Foyer CEO and judicial panel and presented with a fine dining three course meal at a beautiful sophisticated venue. While we enjoyed our food, the chosen nominees for the awards were being called out and the winners were announced.

I felt very lucky to have the opportunity to not only represent the Cork Foyer, but for the overall experience and the chance to hear so many stories of residents and staff that do all they can to make the Foyers feel like home, and of course, the award of Foyer of the year, which we won.

It was a great accomplishment for all the residents and staff to have the work we all do recognised on this fantastic platform. Myself, Viki and Ruairi felt like we had won the award ourselves, we were so chuffed. One of our staff members, Denis Murphy, who sadly passed away this year, was also nominated for the unsung hero award. This award is given to those who work and contribute to providing great opportunities for young people but may sometimes go unnoticed.

Even though another nominee took this award home, in my eyes and I am sure everybody else's eyes at the Cork Foyer, Denis was and always will be our unsung hero. Denis was chosen for this award because of all the work he did for us and our Foyer. From cooking and teaching others how to cook, to horticulture and providing us with beautiful allotments, showing young people how to be responsible by taking care of the animals and the community work he got us involved in around Cork, to showing us that by helping others, you are helping yourself. For these reasons, in my eyes, we won both awards on the 4th of October 2018.”



Chambers Ireland's Excellence in Local Government Awards 2018

The 2018 Excellence in Local Government Awards, sponsored by the Department of Housing, Planning and Local Government, are held each year to recognise and celebrate the outstanding work being carried out by Local Authorities all over Ireland. Shortlisted against 5 other highly innovative projects, I can proudly announce that the Cork City Council's Housing Directorate garnered a prestigious Chambers Ireland Excellence in Local Government Award for its Bishopsgrove Supported Student Accommodation Project.

The project won in the Local Authority Innovation category, and this award marks the second year running that the Housing Directorate has won in this category, having last year achieved the honour for its work on the Competitive Dialogue procurement process.

The Lord Mayor of Cork Cllr. Mick Finn congratulated the team involved, saying "I know a number of young people supported in Bishopsgrove and how it has helped transform their lives. The award recognises the difference this service is making so congrats to all the staff involved. We need more of these types of services."



Lord Mayor's Community & Voluntary Awards

On 6th June 2018 the fourteenth annual Lord Mayor's Community & Voluntary awards were held in City Hall. The purpose of the awards night is to acknowledge groups, which through their commitment to voluntary and community activities have played a significant role in enhancing the quality of life of their communities.

These groups continue to work in a hugely diverse range of areas - from caring for the elderly to arranging cultural events, from community gardens and choirs to supporting victims of domestic violence - and a host of other community activities. The awards recognise the contribution of these groups to the social and cultural life of Cork city. The awards night was sponsored by Cork City Council and The Evening Echo and hosted by the Lord Mayor, Cllr. Tony Fitzgerald.

Cork Foyer & Bishopsgrove were honoured to receive a nomination in the category of Advocacy, Information or Guidance and were very surprised and delighted to win this category. The awards ceremony really demonstrated the hard work and commitment shown by numerous groups and volunteers towards improving their communities and their city and provided a fully deserved stage for them to be recognised and celebrated. Cork Foyer and Bishopsgrove were very appreciative to be included in this hugely positive and special night.



Cork City Council Staff Recognition Awards

During October 2018, the efforts of the amazing Bishopsgrrove staff team was recognised in the Cork City Council Staff Recognition Awards. To build the required relationships with key partners, put policies and legal agreements in place, prepare the units for occupancy and find suitable young people to fill them, all within a very short timescale, and whilst organising a Ministerial opening, required a real effort from the front line staff team. The superb effort from Barry Waddingham, Jessie Feehan, Carol Gardezi and Conor McManus was thoroughly deserved!



With such an array of awards, the Lord Mayor of Cork Cllr. Mick Finn personally visited both the Cork Foyer Project and Bishopsgrrove Supported Student Accommodation to congratulate all those involved and to meet some of the young people using the services and learn of their journey to date.

The young people and staff members also embraced the Lord Mayors offer to visit him in the Lord Mayors office which was a great honour and proved to be a wonderful and relaxed social experience.



OPENING DOORS TO LEARNING & PARTICIPATION

The Foyer has recorded a number of data trends during the last 5 years including; an increased age range, with the majority now aged between 19-25, increases in educational attainment on entry to the service at levels 1 and 2, and more young people on entry with diagnosed mental health needs at (59%).

Move in data shows that the Foyer community has predominantly medium support needs (67%), with the Foyer managing increases in referrals from care, from (22%) in 2013 to (53%) in 2018. Average length of stay has also increased to 42 weeks (10 months), reflecting the limited move on options combined with a general sense of positive stability at the Foyer.

Data prepared for the Foyer Federation Validation visit during 2018, noted that all but one of the residents took up the offer of support over the previous year and that they all achieved goals on their Support Plans. This was reflected in the quality of plans presented during the Foyer accreditation visit. Also, the emotional wellbeing of 28 young people (78%) increased over the previous year, which matches the Foyer's encouragement for young people to boost positive feelings, activity and self-belief.

Some other key findings include;

33 young people (92%) completed financial capability provision by themselves or another organisation in the previous year. (76%) of young people recorded good levels of financial capability on entry to the service, with 18 young people (50%) improving their capability on exit.

33 (92%) of young people completed social skills courses provided by the Foyer or another organisation in the past year.

According to Foyer residents and Foyer Federation records, addressing health issues is the highest area of achievement in terms of the effectiveness of the Foyers overall service over the previous 12 months;

- 16 (44%) started eating more healthily
- 12 (33%) became more physically active
- 33 (92%) completed health courses provided by themselves or another organisation
- 28 (78%) increased wellbeing

In relation to employability & learning;

- 18 (50%) improved work readiness
- 13 (36%) began work at some point
- 2 (12%) were in part-time work when they left
- 30 (83%) have taken up a training or education service
- 18 (50%) gained qualifications
- 7 (41%) were in college when they left



The collection and analysis of data remains very important to us. It allows the Foyer to tailor its programmes and training accordingly to meet the ever changing needs of young people. Recognising the increased level of education on entry and lack of attainment in relation to basic employability qualifications, the Foyer introduced the multi-agency Great to Train employability programme. The GTT programme proves to be very popular with residents and other homeless service users, allowing them to build up their skills and CV very quickly with qualifications attractive to potential employers.

The importance of this multi-agency programme has been recognised by several funders including; the Sisters of Mercy Solidarity Trust, Cork ETB and JP McManus who have kindly contributed towards the annual operational costs until the Foyer can secure mainstream funding for the programme long term.

Since the commencement of the Great to Train Employability Programme 277 learners (including CV Prep) have accessed the courses and 360 certified certificates have been achieved.

Outcomes include:

HACCP	65
Fire Warden Training	67
Safepass	68
Basic First Aid Training	53
Occupational 3 Day First Aid	33
Abrasive Wheel Training	23
Manual Handling Training	46
CV Prep Classes	92
Fork Lift Truck Driving	3
SHEP Personal Development	7

In addition, 9 young people gained a QQI qualification in Outdoor Vegetable Production and Culinary Skills and 2 young people achieved a QQI level 4 Mathematics qualification.



TESTIMONIAL

“The Cork Foyer must be commended on the service they provide to the young people of Cork city and beyond. The Foyer provides a non-judgemental, caring environment where the young adult is encouraged to reach their full potential. The young adult’s views and opinions, hopes and dreams are respected and help to shape the persons plan while living at the Foyer. The aim for each client is independence and to be a contributing member of society.”

Personally I have had a number of clients who have been resident in the Foyer. Most would say it has been a very positive experience for them as they have met friends and learned new skills such as managing their money, cooking, looking after their own space and it has at times been the first time they have the opportunity to learn such skills. Cork Foyer also offers invaluable support around accessing suitable education and training and long term accommodation options.

The support and commitment shown by the management and staff team to all clients, past and present is so appreciated by all and has most definitely been a life support to many over the past few years.”

Sarah O Connell
Aftercare Worker

Social Activities

Planned social activities reduce social isolation and help young people gain self motivation and become open minded to new experiences. The trips are often selected by residents so they are able to explore places that they have never seen or heard of before, even though the places of interest are literally on our doorstep! Social trips in 2018 include;

Ballyhass Lakes

In July 2018, we set out for Ballyhass lakes for an afternoon of fun-filled water activities. Ballyhass offers a vast selection of water activities however we all agreed to try the inflatable aqua park. As it was something none of the residents and staff at Cork Foyer had ever experienced before, we said we would give it a try. Spending a few hours climbing 4 metre high slides, balancing on inflatable logs and bouncing on trampolines into the clear water quarry was fantastic fun! A return trip is definitely on the cards for 2019!



Killarney

In October 2018, some residents of Cork Foyer and students of Bishopsgrove set out for a day in Killarney. We walked around the National Park and made our way to nearby waterfalls and lakes. After our walk we explored the town of Killarney and grabbed a spot of lunch. A day trip to Killarney is starting to become an annual event! As everyone agrees Killarney never disappoints!



WHAT GARRETH HAD TO SAY:

“We sometimes go on spins during the week or at the weekends. We all enjoy them as it takes stuff off our minds such as work, college, family etc. It gives us all a chance to get to know each other that bit better than what we thought we knew already. On the positive side we all get along, have a laugh, we enjoy the day out and we all come back with smiling faces. I really enjoy going to the beach.”



Foyer Football

Foyer Football was initially organised as a fun sporting outlet for Foyer residents, former resident and staff which has developed into much more.

It acts as an ad hoc outreach programme for residents who have moved from the Foyer and a means of continuing social connections. As well as those mentioned above, participants include friends of the Foyer, other service users, travellers, youth unemployed from the Northside of the city and foreign nationals.

Cork Social League

June and July saw the inaugural Cork Social League take place in the Glen Resource Centre. Taking on a more condensed format of the Cork Street League, 4 teams competed over 10 weeks in a more casually competitive tournament.

The idea of the event was originally floated after the All Ireland Homeless Street League 2018. It was envisioned it would be a means to foster and grow relationships with members of the Airport Road's Direct Provisions Centre's team, Kinsale Warriors. They won the league beating Cork Foyer into second place thanks to a superior head to head. The league was made possible due to the support of the Community Gardai, Cork Foyer and the Glen Resource Centre.

Finally, I would like to say a big well done to Cian who won the Cork Soccer Player of the Year!



Cork Street League

Cork Street League is a 10 week tournament which runs annually from the end of January to the start of May each year. It consists of two 5 week blocks of games which run back to back with 6 teams competing to represent Cork at the All Ireland Homeless Street League finals in Dublin in April.

Participants range from those who are homeless or at risk of being homeless, attendees of drug rehabilitation programs, members of the travelling community, youth unemployed, refugees, project staff and friends. This year's tournament organiser and Foyer staff member Paul Carroll broadened the scope of the league to include Cork's only LGBTQ football team, the Cork Rebels.

The first part of the league was won by Cork Rebels with Cork Foyer winning the second section.

Cork Foyer and the refugees of the airport road Direct Provision Centre (Kinsale Warriors) attended the 2018 All Ireland tournament. Both put in fine performances with Cork Foyer losing on penalties in the semi finals for the second time in 3 years.

The tournament is made possible by the support of Street League Ireland, the Big Issue, Community Gardai, HSE' Health Action Zone (HAZ), Cork Foyer and the Glen Resource Centre.



Supporting Campaigns & Communities



Cork Foyer lights up green in support of the National Green Ribbon Campaign to end mental health Stigma.



Residents & staff supporting Darkness into Light Campaign for Pieta House.

WHAT KIERAN HAD TO SAY:

"Denis asked some of us to volunteer to be parking attendants for the 'Darkness into Light' walk for Pieta House in Blarney. I decided to volunteer to be an attendant because I wanted to help out and be a part of a great cause. On the morning we had to get up really early. Jessie collected us from Bishopsgrove and then we collected some of the residents and friends from the Foyer. We met Denis in Blarney and he was mad busy. You could see the sweat pouring off his face.

Denis helped us to get ready by showing us what we needed to do and he brought us to where we needed to direct traffic. He also gave us our safety jackets and badges. We finished up and went back to the sports hall. We all then went for breakfast together. I really enjoyed being part of the Darkness into Light with Denis, Jessie and the other residents and friends.

Denis always encouraged us to get involved in the community projects and also to get involved in helping out in the Foyer and Bishopsgrove. I try and help out in the Foyer whenever I can. I am also going to help out with the Darkness into Light this year in Blarney and I am really looking forward to it."



Two members of the Foyer Ground Force Team, Cian & Sean, brighten up Blackpool.



Shane provides the Gateway to Blarney with a much needed facelift.



The Foyer Ground Force team supporting Mayfield Tidy Towns.



The Foyer Ground Force Team helps the Knocknaheeny Family Centre to get their garden patio area ship shape.

The importance of blending formal learning, informal learning and social activities cannot be underestimated. It allows young people to develop both academically and personally at a pace that suits each individual. This approach can only lead to improved working relationships, better self confidence and higher achievements.

OPENING DOORS TO INDEPENDENCE

We are acutely aware of how challenging breaking cycles of homelessness can be and are dedicated to finding innovative ways to effectively support pathways to independence.

The majority of young people in our service have multiple support needs. We deliver co-produced and personalised support that focuses on a young person's strengths to help achieve their aspirations, whether that is to succeed in education, training, employment or improve their mental well-being.

We believe the key to delivering effective support is understanding that every resident's journey will be unique. By encouraging residents to take ownership of their support, including managing associated needs and risks, they are able to develop a greater insight into managing their independence, whilst recognising and celebrating their achievements.

During 2018, **82.61%** completed a planned move on, with evictions, abandonment and move ons in an unplanned manner equating for the other **17.39%**. With move on options in short supply, **34.78%** returned to family or moved in with friends which represent the most viable pathway for many young people.

Despite a difficult market for move on, the Foyer managed to secure accommodation in the Private Rental Sector for **21.74%** of those young people who left in 2018 and a further **21.74%** secured accommodation with an Approved Housing Body or Specialist Provider, reflecting its good local connections and the hard work of the team.

WHAT NICKY HAD TO SAY:

"During my time at the Cork Foyer I was helped to get back on my feet by the staff. They helped me get familiar with Cork and put me in the right direction for where I wanted to go in life."

Without this service I don't feel that I would be in full time employment or be living with my partner and child in our own house, as they helped us to take the right steps in achieving this goal. I am truly grateful to the Cork Foyer because I feel like they gave me a second chance at life. For this I am truly grateful to all the staff."



Moving on successfully requires a structured programme of support and education whilst living in the Foyer. Once a resident moves in to the Foyer, they complete an Independent Living Skills and Talent Assessment. These help to identify a young person's strengths and what skills they can improve upon. The next step is to agree an individual Support Plan, this plan is based on what the young person wants to achieve while they are living in the Foyer with the ultimate aim of becoming independent.

Various goals are then agreed between the young person and their Project Worker to help achieve this aim. These goals can take in a wide range of support issues from basic living skills such as budgeting, cooking, hygiene, to goals around personal care such as mental, physical and sexual health. All Support Plans would also include goals around education, training or employment and goals relating to resettlement such as tenancy rights, being a good neighbour, HAP and Rent Supplement eligibility etc.

WHAT LETITIA HAD TO SAY:

"I was living in Cork Foyer for two years. At first I found it hard but after a bit of time and support it got easier. I started a course while living in the Foyer and now I am in a course in College of Commerce. Without the help of Cork Foyer I would not have been able to do it. My Project Worker helped me to find my own accommodation and helped me to move in which made the move a lot easier. I am now living in my own place and feel that I am ready for the journey ahead."



Once gaps in knowledge or areas for improvement are identified the young person and their Project Worker work through the relevant sections of an Independent Living Skills Workbook. The Workbook contains lots of information, exercises and practical demonstrations on a wide range of living skills, with the aim upon completion to increase the young person's confidence in their own abilities.

The internal training programme works in conjunction with the Workbook by offering young people the opportunity to gain QQI certification in subjects such as cooking, nutrition & healthy options, personal effectiveness and communications. These courses help young people to build on the skills that they already have and increase their confidence to live independently.

All residents are also encouraged to secure suitable education or employment before moving out, this is important in preventing isolation, improving confidence and increasing their income when they move to their own independent accommodation. For some young people further support may be needed, in this case young people are informed about the local Approved Housing Bodies such as Focus Ireland and Sophia Housing.

TESTIMONIAL

"The Cork Foyer has over the past 10 + years provided quality services and supports to numerous young people, with whom I have worked. The offer to young people to help them move towards independence and to allow them the time and space to mature has been life saving for some of these young people. The fact that the service covers the areas of accommodation, support, advice, (in house and external training and education) jobs, learning, activities coupled with their ethos of developing the young person's independence, has made the service the success it is today.

I find that the Foyer helps the young person to focus, identifying and developing their inherent skills, talents and interests in a safe space. The kindness, warmth and devotion of the staff and management and ethos help the person to find their unique voice, this occurs either through staff advocating on the persons behalf or the person self advocating. This has ensured that the young person has also played an active role in the development and improvement of the Foyer service".

Jim Lane
Mental Health Social Work Team Leader

OPENING WIDER DOORS TO EDUCATION

Working in close partnership with TUSLA, Liberty Street House for Young People out of Home and Focus Ireland, Bishopsgrrove Supported Student Accommodation specifically targets young people who are at imminent risk of becoming homeless or leaving care without stable accommodation, diverting them away from the high probability of living in emergency accommodation and potentially falling into the longer term cycle of homelessness.

This totally unique homeless prevention initiative also assists many other young people who have advanced really well in a homeless service, building on their positive progress through 3rd level education and accredited training, whilst freeing up the expensive units within the homeless services for those more in need. Since opening in May 2017, Bishopsgrrove is proud to have supported 65 students on the road to achieving their educational ambitions.



WHAT D.P. HAD TO SAY:

"I was one of the first students at Bishopsgrrove. It is a place for students who need a home and it gives us the opportunity to study and go to college without worrying about where you're going to be tomorrow. It has given me the opportunity to go back to college after I failed the first year because I felt that course wasn't for me. The staff are very good and help those who need it and they are always there for you even if it's just for a chat or a bit of advice. I really appreciate the opportunity they have given me and the advice I have taken on board going forward."

Some other key facts in Bishopsgrrove's first full year of operation:

24 New students moved into Bishopsgrrove during 2018.

10 Students completed their studies and gained their qualifications.

16 Students advanced onto another academic year.

8 Students moved onto full time employment.

90% of students remained on their course and did not fall out of education.

96% of students who moved on from Bishopsgrrove did not enter the mainstream homeless services.

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WHAT MATTHEW HAD TO SAY:

"Bishopsgrrove and the Foyer, more generally, has given me the stable fulcrum of housing necessary to achieve all my personal, social and academic goals. The Bishopsgrrove service in particular has given me the ample independence I required to develop personal living skills, whilst also providing me with on-call support should I need it. I would have no hesitation in recommending the service to any service user or housing body."



In recognition of Bishopsgrrove's early success, the staff team and students were honoured to host a visit from the Lord Mayor Cllr. Mick Finn. Between exams, several students managed to welcome the Lord Mayor into their home for a chat and a cup of tea. The Lord Mayor was very positive about the support offered to students at Bishopsgrrove and encouraged them all to continue in their studies.

WHAT A.H. HAD TO SAY:

"I moved to Cork Foyer in 2016. Previous to this I was living in emergency accommodation for 6 months. In Cork Foyer I was offered support from my Project Worker who helped me achieve my personal and educational goals. When Bishopsgrrove opened in 2017, I was delighted that I was offered a place there. I was one of the first students to live at Bishopsgrrove and I am still here to this day! I am now studying Culinary Skills and am enjoying it very much. I hope to continue my education in culinary skills and work in a kitchen as a chef some day."

FINANCIAL STATEMENT

Cork Foyer & Bishopsgrrove: Income and Expenditure Summary as of 31st December 2018

FOYER GENERAL ACCOUNT:

INCOME:	TOTAL	FOYER	B'GROVE
Rent	€243,214	€80,396	€162,818
Health Service Executive Department of Environment, Community & Local Govt	€291,745	€291,745	
Miscellaneous Income	€4,345	€3,748	€597
Total Income	€785,733	€622,318	€163,415

EXPENDITURE:

Payroll	€470,962	€443,548	€27,414
Transfer to Capital Budget			
Provision	€60,929	€59,281	€1,648
Cleaning & Waste	€22,900	€15,424	€7,476
Heating & Lighting	€40,423	€24,231	€16,192
Maintenance Repair, Materials & Minor Contracts	€71,016	€41,556	€29,460
Miscellaneous	€2,675	€2,254	€421
Other Operational Expenses	€13,365	€12,188	€1,177
Professional Fees	€6,729	€6,729	
Telephone & Postage	€13,994	€5,118	€8,876
Printing, Stationery, TV Postage	€10,676	€5,441	€5,235
Travel, Training & Subsistence	€4,194	€3,401	€793
Night Security	€64,723		€64,723
Minibus Costs	€2,265	€2,265	
Vehicle Insurance	€882	€882	
Total Expenditure	€785,733	€622,318	€163,415

CAPITAL ACCOUNTS: RESIDENT HARDSHIP / PARTICIPATION FUND:

Balance as of 1st January 2018 (Includes €88 amendment) €11,903

INCOME:

Sisters of Mercy Solidarity Trust – Great to Train	€12,000
Cork ETB - Great to Train	€4,000
JP McManus - Great to Train	€4,000
Big Issue Magazine Street	€2,000
Lord Mayors Winners Prize	€500
Miscellaneous Income	€2,096
Total Income	€24,596

EXPENDITURE:

Participation, Activities, Equipment & Hardship	€13,185
Total Expenditure	€13,185

Balance at 31st December 2018 €23,314

CAPITAL REPLACEMENT / DEVELOPMENT ACCOUNT:

Balance as of 1st January 2018 €203,923

INCOME:

Transfer Capital Budget Provision	€60,929
Once off HSE funding for bedroom refurbishment works	€10,000
Total Income	€70,929

EXPENDITURE:

Safety & Security Works	€44,799
Total Expenditure	€44,799

Balance as of 31st December 2018 €230,053

CERTIFIED BY:

Barry O'Hare

Barry O'Hare, Management Accountant, Cork City Council

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CORK FOYER & BISHOPSGROVE STAFF TEAM

- **Barry Waddingham** - Foyer Manager
- **Ruairi O'Farrell** - Senior Project Worker
- **Jessie Feehan** - Project Worker
- **Ruth McGuane** - Project Worker
- **Catherine McAdoo** - Administrator
- **Carol Gardezi** - PT Administrator
- **Denis Murphy** - PT Life Skills Worker & Talents Coach (RIP)
- **Conor McManus** - PT Maintenance Caretaker
- **Richard Meagher** - Night Premises Supervisor – Job Share
- **Patrick Fitzsimmons** - Night Premises Supervisor – Job Share
- **Jeremiah Slattery** - Night Premises Supervisor – Job Share
- **Paul Carroll** - Night Premises Supervisor - Job Share



The core staff team are supported by a dedicated Bank of Relief Support Workers:

Phil O' Reagan	Susan Edwards
Denis Murphy (RIP)	Patrick Fitzsimmons
Trish Jones	Paul Carroll
Jeremiah Slattery	Lorraine Kingston
Eric O'Neill	

STAFF FEATURE, CONOR MCMANUS - MAINTENANCE CARETAKER

I started in Bishopsgrove Supported Student Accommodation in the winter of 2017. I have a building background but have also worked in the Social Care sector. I had applied for the job as I felt it would utilise my practical skills and sense of social purpose. Although not long in the role I find it satisfying and fulfilling. I enjoy the mix of desk work and hands-on practical work but my experience is enhanced in the knowledge that I am contributing to something that is very worthwhile.

Working between the Foyer and Bishopsgrove the role is very varied. It can range from blowing leaves, to liaising with builders, to preventing Shawshank the Foyer pet rabbit from escaping.



ABOUT OUR PARTNERS CHURCHFIELD CLG

“IN THE HEART OF THE COMMUNITY”

WHO WE ARE

Churchfield Community Trust is a community-based organisation located on the Northside of Cork city. We respond to a very specific group of young people who need intensive support, therapeutic interventions, stability and acceptance, to achieve sustainable change at a crucial time in their lives.

OUR MISSION

Churchfield Community Trust as an organisation believes that all people should have the opportunity and supportive environment to overcome challenges re alcohol, substance misuse and offending behaviour. Our practice is grounded in the principles of the person-centered Servol Model and remains mindful of the core values:

Individual programs are put in place in partnership with each participant according to his/her needs. We try to make respectful interventions, to foster responsibility and model open and honest communication always.

OUR TARGET GROUP

- People aged 18 to 35 years
- Ex - Offenders
- All having substance/ alcohol dependency / addictions.

TRAINING & EMPLOYMENT OPPORTUNITIES

Social Enterprise Initiatives feature as an intrinsic aspect of our core community-based programme in the context of preparation for work through experiential learning and certification.

Initiatives include:

- 1) **Compass Crafts- playpark and garden furniture**
- 2) **Continuing development of Garden Café initiative**
- 3) **Horticulture Growing Initiative**



COMPASS CRAFTS

At our work shop which is based at Churchfield a new range of Bespoke early years furniture and garden products are currently being developed by our participants under the direction of our Workshop Manager & Carpenter. The craftsmanship is of an extremely high standard. Our Team engage with participants through a structured time managed programme with practical and educational skills alongside therapeutic interventions and support. Compass Crafts focus on a product range that will be within the skill set and capability of our client group. The range includes garden furniture, creche furniture, play park, small garden and household items.



Garden Café

The Garden Café Cork which is widely regarded as Cork's Greenest Café is situated on the grounds of Cork Foyer and is located in a beautiful Victorian style glasshouse. It offers spectacular views of Blackpool and is open daily from Monday to Friday each week. This is a unique initiative which provides certified and informal training and mentoring in a live Café environment to men and women who are interested in progressing to employment in the catering industry.

"I was given access to additional services helping me to get back on my feet. The Community Employment Scheme for the Garden Café has given me hope on a personal and professional level".

Garden Café
Community Employment participant.

"Overall, we have received fantastic feedback about the produce from the garden from those we have supplied and aim to make the produce more accessible in 2019".

Horticulture Team Leader

HORTICULTURE - GROWING INITIATIVE

The first years in a garden are always difficult in an organic based system. The process of creating workable soil, sowing and nursing young plants, transplanting, care and weeding, and harvest for each crop requires hard-work, planning, responsibility, commitment and resilience.

Our goals in terms of growing were to complete the second year of the Cork University Hospital pilot programme, provide a regular supply of salad leaves to the Garden Café and trial a Vegetable Box Scheme. We were successful in achieving these three goals and we also provided vegetables to a restaurant throughout the year. From these experiences we have learned a lot in terms of time and scale of what can be maintained and delivered with the resources that we have.

FOYER MANAGEMENT COMMITTEE MEMBERS

Dave Cody

Chairman
CEO (Retired)
Cork City Enterprise Board
Union Quay
Cork

Dennis Hickey

Project Manager
Social Inclusion
HSE South Floor 2
Áras Slainte
Wilton Road
Cork

Cllr. Sean Martin

Board Member
Cork Education & Training Board
Further Education & Training
21 Lavitt's Quay
Cork

Barry Waddingham

Cork Foyer Manager
Assumption Road
Blackpool
Cork

Invited Resident Representatives

Cork Foyer
Assumption Road
Blackpool
Cork

Ger McCarthy

Treasurer
Admin Officer
Housing & Community Services
Cork City Council
Cork

Aileen O'Connor

Homeless Officer
Housing & Community Services
Cork City Council
Cork

Denis Manning

Admin Officer
Housing Department
Cork County Council
County Hall
Cork

Mark Cronin

Member of Blackpool Community
Co-operative Service Centre Ltd
90 Great William O'Brien Street
Blackpool
Cork

Garda Sheila Griffin

An Garda Síochána
Mayfield Garda Station
Mayfield
Cork

NOTE:

The Cork Foyer Management Board meets on a quarterly basis each year

I would like to pay special mention to Phil Heffernan, Karen Higgins and Mark Cronin who left the Foyer Management Committee during 2018. Their dedication and individual expertise has been extremely valuable to the service and they will be greatly missed.

I also wish to take this opportunity to welcome Denis Manning and Cllr. Sean Martin to the Committee. I am confident their valuable contribution will help the Foyer maintain its strong working relationship with commissioning teams and the local community, whilst steering the Foyer forward into the future.



cetb
Boord Oideachais agus
Oifaita Chorcaí
Cork Education and
Training Board



Comhairle Cathrach Chorcaí
Cork City Council



Cork
County Council
Comhairle Contae Chorcaí