

SCHEDULE

Cork Walking Week 2020



Sunday 21 st	Monday 22 nd	Tuesday 23 rd	Wednesday 24 th	Thursday 25 th	Friday 26 th	Saturday 27 th	Sunday 28 th
Virtual Solstice Walk for MS Ireland	Navigation skills & Trip Planning online training with Jane Carney Mountaineering Ireland	Walk Ready Mobility & Activation Cork Sports Partnership	Where to Walk Local Highlights	Systems mapping Workshop Dylan Power Waterford Institute of Technology	Fit 2 Function Video Launch Fitwalk Ireland	Where to Walk Local Highlights	National BeActive Day
Move More Walking Challenge Irish Heart Foundation	Q&A session on Trail & Hillwalking with Jane Carney Mountaineering Ireland	Share your Stroll Photo Competition	Walking for Fitness Video Launch Fitwalk Ireland	Returning to Outdoors Q & A with Maureen O'Brien Trainer Mountaineering Ireland	Share your Stroll Photo Competition	Share your Stroll Photo Competition	21 Day Walking Challenge Get Ireland Walking
Share your Stroll Photo Competition	Share your Stroll Photo Competition	Daily Treasure Hunt Challenge	Share your Stroll Photo Competition	Share your Stroll Photo Competition	Daily Treasure Hunt Challenge	Daily Treasure Hunt Challenge	
Daily Treasure Hunt Challenge	Daily Treasure Hunt Challenge		Daily Treasure Hunt Challenge	Daily Treasure Hunt Challenge			



#CorkWalksTogether

www.corkwalkingweek.ie

schedule may be subject to change

